



Youth of Today
Hope of Tomorrow



Being Asthmatic



SaNaya White
Ann Richards

Coming from someone who is asthmatic, it's difficult. It's difficult to do some physical activities. It's difficult, to run without having shortness of breath or wheezing. It's sometimes even difficult, to walk outside during a specific time of weather change without needing to take a treatment or use an inhaler. Asthma is an inflammatory disorder of the airway that leads to the lungs. It causes the airways to tighten, and create mucus which makes breathing difficult.

Asthma symptoms vary between each person who carries it. Some diagnosed with asthma may have life threatening episodes or occasional episodes. Doctors classify asthma under 4 sections, intermittent, mild persistent, moderate persistent, and severe persistent. Intermittent goes from the patients having asthma episodes less than once a week, without daily medication. Severe persistent can be described as, the patient receiving continuous symptoms, using daily prescribed medication, and long-lasting inhalers. Asthma is one of the most common long term diseases and it is the most common reason for child hospitalization in the United States. Statistics show that 20 million people in the United States are diagnosed with asthma, and 9 million of those people are children under the age of eighteen.

Asthma is also responsible for the hospitalization of 500,000 people each year and 500 deaths in the United States. A statistic on race is that African Americans and Puerto Ricans have a higher risk to being diagnosed with asthma than any other race in the United States. Jackie Joyner-Kersey is a retired Olympic champion. She was voted the greatest women of all time by Sports Illustrated for Women.

In 1980, Jackie began her athletic career at the University of California at Los Angeles. Jackie participated in track and field events as well as basketball. She was diagnosed with asthma her freshman year of college but did not take the disease seriously. Jackie had several mildly severe asthma attacks that sent her to the emergency room but, in 1993, she almost had a fatal and life threatening attack. To this day, she takes asthma a lot more seriously, and she teaches younger children about asthma. The reason I am writing about this disease is because I was diagnosed with it as a young age and it has affected me ever since. In some way asthma has affected me positively, such as being able to skip my athletics class, but it also has affected me negatively, by preventing me from doing activities that I love, such a running. I have always wanted to participate in track, but never have because I was to afraid of my asthma.

This year, 2018, I am stepping up and trying out for sprints, and relays. I will try my best not to allow asthma to stop me and to push forward and succeed through this challenge. If I am not able to continue, at least I'll have the ability to say that I tried.

Wish me luck, as a attempt to break the barrier that I've had for a while now.

Barack Obama



Jaelyn Stone
Kealing M. S.

"If your walking down the right path and your willing to keep walking eventually make progress". Those wise words where shared to us by the first african american president Barack Obama. He was born on august 4 1961. Most people wouldn't guess that he is now 56 years young. Barack was raised on one of the most beautiful islands, hawaii.

Obama is the first president to be born on an island outside of the united states. Obama is our 44th president and when he was running he faced a lot of challenges.

such as racism or being prejudice. Another problem was that Some people didn't like the idea of an african american becoming president.

President barack obama attended harvard law school, Columbia college And Occidental college i think that is excellent for an african american to attend such top colleges.

These are what are what i believe are the best character traits of obama ?1) his sense of humour

2) his willingness to do what is right for you

3) his patience (he's had to have a lot of this with an obstructionist congress)

4) his sense of right, wrong and common sense (as shown by his willingness to reduce

sentences on drug offenses to what they would be today).

5) his strong sense of family

6) his willingness to listen and debate an opinion that is different or opposite his opinion.

PflISD Big Event



Ava Roberts
Pflugerville M. S.

On March 2, Pflugerville Independent School District (PflISD) held its 4th Annual big Event. The PflISD Big Event is Pflugerville's version of The Big Event, a giant one-day community service project held each year around the world. Students who were

passing all classes for the 2nd nine-week report card were encouraged all student to participate. They had a chance to serve the Pflugerville community raking leaves, cleaning windows, spreading mulch, planting flowers, picking up trash, and small maintenance projects.

I participated in The Big Event. My service assignment was at the Pflugerville Recreation Center. There I picked up trash, raked leaves, and pulled weeds. This was a fun activity. It felt good to do something that helped the community. I encourage you to find and participate in a community service project!

Job fair



Kennedy George
Weiss High School

While I am very thankful for this job, I was recently looking into jobs I could do over the summer. I went to the Pflugerville job

fair last Saturday. There was only one job that a 14 year old could do, and that is water safety instructor aide. It still does involve me working with children and I will be in the water with them. It is a job I want to take to make money but I also have other things in the summer that may limit my time.

Most of the jobs there were for ages 16 and up. I really wanted to be a lifeguard, but you have to be 15 to do that. I don't turn 15 till August. At least I will get some experience there and water safety aide will look good on my resume when I apply for lifeguard.

Big Event



Erika Lipscomb
Manor M. S.

Friday, March 2nd was the school's Big Event. Which is students from any school, wanting to go help out in the community by picking up trash at one of the sites we were assigned to. Such as parks, our school, and different ponds or lakes. My site was Millis Pond. When we got there we went straight to putting on our gloves and picking up trash. We walked along the trails of the pond looking for trash. We also went into the back part of the where the pond was and searched in a look-alike tiny forest. Along the way, my friend Cesia was the first one to pick up the 1st piece of trash. Good for her. Walking the trail I saw many cute dogs that I got to touch, and saw the most adorable baby twin boys.

While seaching for trash, we also had to be really careful because of the twigs, branches, bugs, spider webs and

there was alot of poison ivy and it was mainly everywhere surrounding most trash, so it was a bit hard trying to get a piece that was way out of reach. After some time with half full trash bags, we walked back to our starting point to eat lunch which was sausage on a stick, chips, and water. I brought extra snacks so I made sure that I had enough to eat. After eating we took the rest of the time to have free time. I got to take many pictures with my friends and we walked the trail one more time to look at the work and how clean the pond area was.

Leaving the pond and going back to school, we got to stay outside by the bleachers on the field for a little while longer before going back inside. I was liking the moment until one of the administrators said that we had to go to our last period because we arrived to early and had enough time left to go to 1 class. We didn't go to any class because we were gone throughout the whole day somewhere else, so I thought it was fair. I liked doing the Big Event because I had the chance to help clean up to keep the environment safe. I hope to do this again some time soon.

Galveston Hurricane



Montrae Nelson
Four Points M. S.

In 1900, a hurricane hit Galveston Bay, this was not just any hurricane in U.S. history. "The great Galveston Hurricane" known regionally as the Great storm of 1900 was a category 4 storm with winds up to 145 mph. it made landfall on September 8, 1900 in

Galveston as well as other states in the U.S.

August 27, through September 17, up to 10,000 people lost their lives due to this storm. Back in 1900 the repairs were estimated at 21 million but now that is equivalent 618 million just for the aftermath of the storm. The storm destroyed over 3,600 homes and this disaster ended the golden era in Galveston.

Lastly, The hurricane alarmed potential investors who turned to Houston to invest their money instead. The Gulf of Mexico shoreline of Galveston was raised by 17 ft and a 10 mile sea-wall was erected. Thanks for reading

Social Studies



Joshua Moore
Manor New Tech M.S.

For social studies we had to choose a person that is African American that impacted the black community in a positive way. So I chose Muhammad Ali because he impacted not only the black community but others. I also chose him because he was fighting for black people while still being a professional boxer which sounds like a hard thing to do.



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