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Testicular Cancer Coalition brings awareness to their cause by calling on stronger tools for better health and wellbeing

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what makes prevention techniques and overall awareness critically important. This year alone, in the U.S., more than 9,000 men will be diagnosed with the disease, according to the American Cancer Society. An estimated 400 deaths occurred in the U.S. last year due to the disease. "It's crucial for young men (15-35) to know that this is the leading cause of cancer for their age group and re-

mains treatable if caught early," said Ana Fadich, MPH, CHES, Vice President at MHN. "Even so, survivors still need support after a testicular cancer diagnosis, because it's a huge impact on daily life."

The Testicular Cancer Coalition, which includes Men's Health Network, the Men's Health Initiative, the Testicular Cancer Society, ChapCare and the Testicular Cancer Foundation, continues to rally around improving the quality of life

for testicular patients and survivors, while bringing awareness to their issues and calling on stronger tools to assess their health and wellbeing.

Survivors have increased risks of anxiety, depression, heart disease, short and long-term memory loss, among other health concerns, as a result of having testicular cancer. This is in addition to issues of impotence, incontinence, or loss of libido; current assessment tools are methodologically too weak to detect these problems.

"The assumption is that life after treatment for males and their families affected by testicular cancer returns to normal," said Michael Rovito, PhD, of the Men's Health Initiative (MHI) an affiliate partner of MHN. "Most times, it's quite the opposite scenario unfolding. These families have life-long wellness concerns stemming directly from the treatment of testicular cancer that occurred years, even decades, prior. I'm proud that MHI is partnering with this group to lead the way to develop more impactful research and conduct more effective outreach among testicular cancer survivors to improve their quality of life."

In the U.S., men continue to be placed at unnecessary risk due to the U.S. Preventative Services Task Force's (USPSTF) decision to recommend against testicular self-exams and against testicular cancer ex-

Integral Care is currently soliciting proposals through a Request for Proposals (RFP) process for Group Health, Dental, and Vision. RFPs may be sent electronically, by contacting Valerie Hamstra at Valerie_Hamstra@ajg.com or (512) 930-8342 beginning April 5, 2017. The deadline to submit a proposal under the RFP is 4 p.m. CST on April 24, 2017. Historically Underutilized Businesses, including Minority-Owned Businesses and Women-Owned Businesses, are encouraged to apply.

ams in a clinical setting. Compounding this problem is the failure of the Affordable Care Act to provide regular preventive healthcare visits for men as are provided for women.

"In my four decades of practice, I have found testicular exams and TSE—especially when paired with the oversight of a trusted primary care provider—to be quite valuable," said Gregory Pecchia, MD, an advisor to Men's Health Network.

The **Testicular Cancer Awareness Month.com** website helps educate people about risk factors, warning signs, and treatment options for the disease. The site offers videos, a social media toolkit, downloadable brochures, research articles, and examples of awareness ac-

tivities to turn a difficult-to-discuss problem into an interactive and easier-to-approach learning experience.

During the month, Men's Health Network and its coalition partners will be telling the stories

of testicular cancer patients and survivors, offering interviews from patients and health experts. Men's Health Network will also hold a Twitter chat the week of April 23 to further promote testicular cancer awareness to a wider audience.

HUD still facing non-discriminatory and affordable housing issues

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rental assistance, public housing, and housing vouchers for those who cannot afford housing on their incomes. Our 45th president had proposed deep cuts in the HUD budget, but the budget that was passed on March 23, 2018, just hours before the government was scheduled to shut down, actually adds money to the HUD budget, especially in the rental assistance and public housing capital funds program. Still, cuts are scheduled for the next fiscal year, and the issue of non-discriminatory and affordable housing remains a pressing one.

Furthermore, while this has little to do with Carson, the effort to roll back Dodd-Frank reforms and the evisceration of the Consumer Financial Protection Bureau strips power from consumers, especially those of low and moderate incomes. By making it more difficult to file class action lawsuits, individuals who experience banking discrimination are handicapped in their ability to fight back. Carson, singing from the "45" playbook, when he opens up his mouth at all, is not likely to be an effective advocate for the people he has frequently disdained.

Indeed, though he has thrown his wife, Candy, under the bus on the matter of the dining table, he is no different from other cabinet officials who have a "let them eat cake" attitude toward those they serve. First class travel, high-end furniture, and chicanery are the name of the "45" cabinet game. Fifty years after the passage of the Fair Housing Act as a tribute to Dr. Martin Luther King, Jr., it is not clear that the current HUD Secretary will be a warrior in the fight against housing discrimination.

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF CHARLES DOUGLAS BYRD, DECEASED. NOTICE IS HEREBY GIVEN that original Letters Testamentary on the Estate of Charles Douglas Byrd, Deceased, were issued on March 13, 2018, in Cause No. C-1-PB-18-000177, pending in the Probate Court No. 1 of Travis County, Texas, to Jennifer Ann Byrd. Claims may be presented in care of the attorneys for the Estate addressed as follows: Estate of Charles Douglas Byrd, Deceased, c/o Leonard W. Woods, of the law firm Duggins Wren Mann & Romero, LLP, P. O. Box 1149, Austin, Texas 78767-1149. All persons having claims against this Estate are required to present them within the time and in the manner prescribed by law.

Juror #11 Tells Panel, Pre-Trial, "I Just Think He's Guilty"



Sketch by Christine Cornell during first trial of Bill Cosby that resulted in a hung jury.

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After being selected to serve as juror No. 11 last week, the man who is White and believed to be in his 40s, reportedly told others on the prospective panel that "I just think [Cosby's] guilty, so we can all be done and get out of here."

O'Neill has repeatedly noted the need to be fair and impartial, however the judge's rulings have often been called into question.

He ruled that five other alleged victims, including former supermodel Janice Dickinson, could testify in the retrial. Last year, he denied prosecutors request to call Dickinson and others.

Other controversial rulings include allowing Cosby's deposition testimony; the hearsay testimony of Gianna Constand, the mother of alleged victim Andrea Constand; and denying several defense requests like letting the jury know that former District Attorney Bruce Castor declined charges against Cosby, because he said there was insufficient evidence and he questioned Constand's credibility.

The judge has also denied a defense request to show the jury a 2005 press release from Castor in which the former DA explains his decision not to prosecute Cosby.

Further, O'Neill also declined to allow the defense to tell the jury about dueling lawsuits between Constand and Castor. Ironically, Castor's lawsuit was dismissed by a judge on Friday, April 6 while Constand's remain pending.

At the end of Monday, Cosby's spokesman Andrew Wyatt, told reporters that the defense hopes that the jury can "be fair and impartial."



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April 17, 2018

The Proposal Package will be available on by contacting our office, mentioned below. Proposal selection will be on a best value basis

May 3, 2018 at 2:00 pm

Hensel Phelps will accept proposals for this package at our office 10211 ½ Hotel Dr., Austin, TX 78719

April 25, 2018 at 10:00 am

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All City of Austin Certified Disadvantaged Business Enterprises are encouraged to submit proposals

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