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## Investments in HTU athletics is worth it

John Harris Jr.  
VILLAGER Sports Columnist



(VILLAGER) - In last week's Villager, Houston Tillotson athletic director Monique Carroll said the school is always seeking ways to expand the number of athletic programs on campus, big or small. So, while adding a football program isn't currently on the drawing board, it doesn't mean that will always be the case.

Carroll speaks regularly with HT alumni, seeking potential donors and business contacts with deep pockets who are passionate about the school's athletic programs.

Last month, the San Antonio Spurs, in partnership with Frost Bank as part of Amplify Austin, donated \$100,000 to HT athletics. The donation will go towards upgrading the outdoor tennis and basketball courts and Mary E. Branch Gymnasium.

Another exchange has been so positive that Carroll said plans have been initiated to deter-

mine the feasibility of adding a women's rowing team.

"We have conversations now about a women's rowing program because people interested in investing in the university wanted to see that happen," Carroll told the Villager. "President (Colette Pierce) Burnette was approached and she sent it down to me. We've been working the last six months or so on it. It's not an alum. Just an interested person in the Austin area. I've also had discussions with alumni that played tennis here about bringing tennis back to HT and them as a group being willing to start that investment.

"With the right amount, you can figure out how to do anything, anywhere," Carroll continued. "That's my mind-set, and the administration here supports that mind-set. If we can figure it out and it makes sense - not just for athletics, but for the entire university - let's do it."

There are currently two women's rowing programs in Texas - UT-Austin and Texas A&M. HT's athletic programs are associated with the National Association of Intercollegiate Athletics (NAIA). California State University Maritime Academy is the only NAIA school in the country with a women's rowing team.

"There are people interested in women's rowing that think they have some individuals they know that are willing to invest in HT," Carroll said. "We are currently looking at the feasibility of what that looks like and how we do it. What excites me about it is they want to do it with Black and brown women. It's about adding more diversity to the sport as well. We're going through the process now. I've given them the numbers: This is what it would cost. They're working on their end, and I'm working on my end to see if it really feasible, can we pull it off."

## AGE of Central Texas Partnering with Pflugerville Community Church for the 6th Annual "Pflugerville Seniors Conference" on May 10th - 14th



AGE of Central Texas is once again partnering with the Pflugerville Community Church to host the free **Pflugerville Seniors Conference** on May 10th through 14th, with daily seminars from 10:00 a.m. to 11:30 a.m. The sixth annual free community event will feature area experts discussing aging-related topics that include medication management, legacy giving, navigating the aging process, and more.

The conference launches on Monday, May 10th, with "**Medication Management**" as Baylor Scott and White Health pharmacist

Lonna Hayes, PharmD, BCPS, discusses how to successfully navigate multiple subscriptions and doctors' orders. On Tuesday, May 11th, Virginia Sampson, Attorney at Law, will discuss "**Navigating the Aging Process**" including legal and financial considerations as you age.

The conference continues on Wednesday, May 12th, when Dr. Mark Carlson, founder of BeWell MD, will present "**9 Steps to Successful Aging: what can we learn from the blue zones?**" On Thursday, May 13th, financial expert Darby Armont, MBA, CFA, CFP®, Executive Vice President at Richard P. Slaughter Associates, will discuss

"**Legacy Planning**" and how to best protect your assets and pass them along to your family members or donate them to charity.

The conference concludes on Friday, May 14th, when Natalie Alcorta, Resources Manager for AGE of Central Texas, presents "**How to Locate and Access Community Resources**" including a round-table panel of area service providers and aging experts.

Registration for the Pflugerville Seniors Conference is free online at [www.TinyURL.com/PvilleConf2021](http://www.TinyURL.com/PvilleConf2021), or by calling (512) 600-9275. For more information, please visit us at [www.AGEofCentralTX.org](http://www.AGEofCentralTX.org).

## How to stay safe when fully vaccinated



- Wear a mask and social distance in public, when visiting with high-risk unvaccinated people or with unvaccinated people from multiple household
- Avoid medium and large gatherings
- Get tested if you develop symptoms
- Follow travel recommendations

Notice is hereby given that original Letters Testamentary for the estate of Wille B Bedford, deceased, granted April 6, 2021 were issued on April 21, 2021 in Cause No. C-1-PB-21-000304, pending in the Probate Court No. 1, Travis County, Texas. All persons having claims against this Estate which is currently being administered are required to present them to the following address within the time and in the manner prescribed by law: Executor, Estate of Willie B Bedford, 921 Autumn Sage Way, Pflugerville, Texas 78660.

Marilyn D. Poole, Attorney for Executor, Est. Bedford  
Tel.: (713) 628-2228/ Fax: (512) 519-1818E-mail: [marilyn@poolee](mailto:marilyn@poolee)

Integral Care is currently soliciting bids through a Request for Proposals process for HVAC Plasma Filtration Units for Air Handlers. RFPs may be sent electronically, by contacting Brody Ballard at [brody.ballard@integralcare.org](mailto:brody.ballard@integralcare.org) beginning April 23, 2021. Bids must be received by Integral Care no later than 4:00 p.m. on May 21, 2021. Historically Underutilized Businesses, including Minority-Owned Businesses and Women-Owned Businesses, are encouraged to apply.



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For information on the City of Austin's Minority/Women-Owned Procurement Program please contact the Small & Minority Business Resources at 512-974-7600 or visit [www.austintexas.gov/snbr](http://www.austintexas.gov/snbr).



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